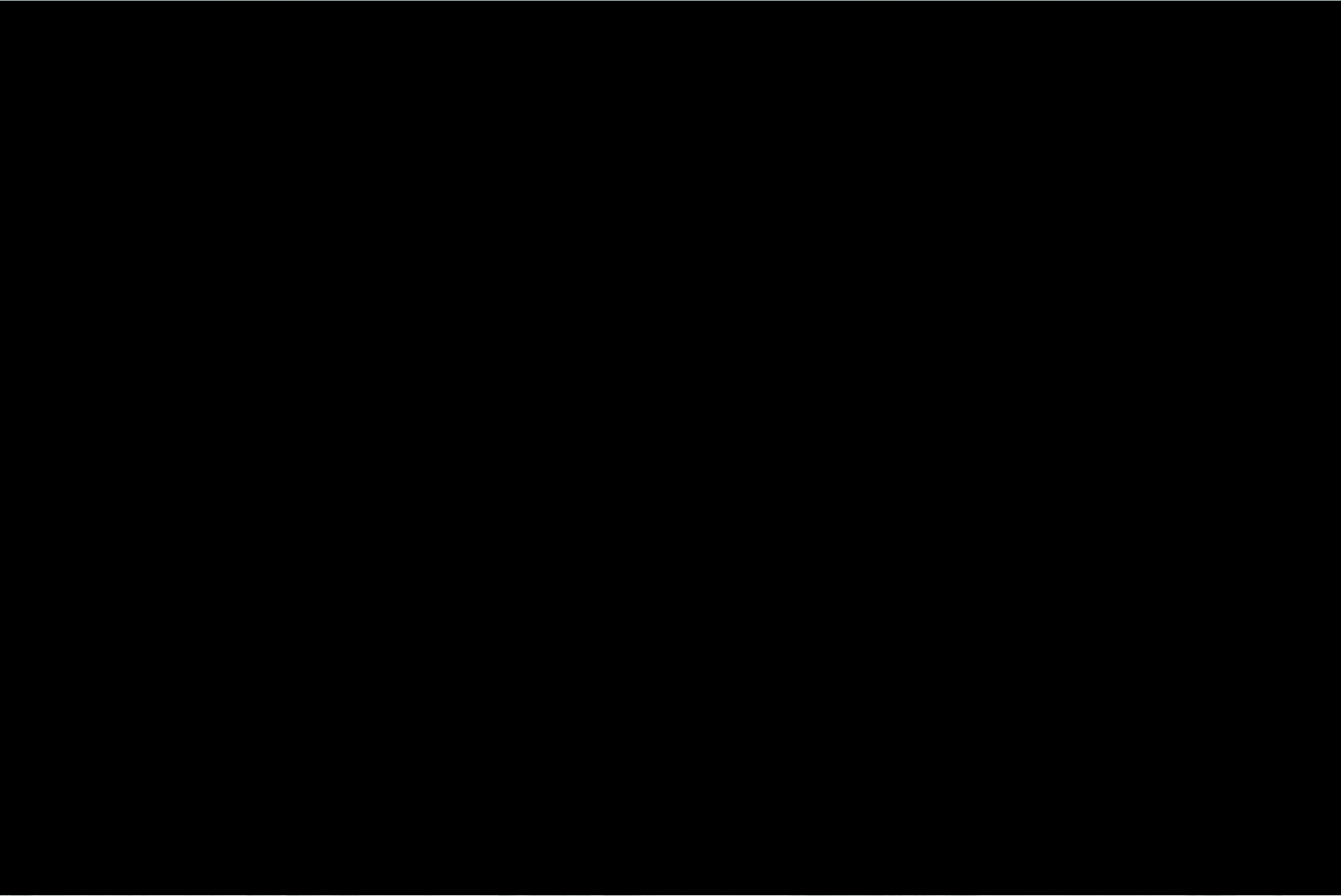
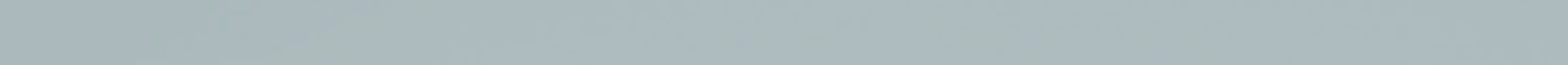
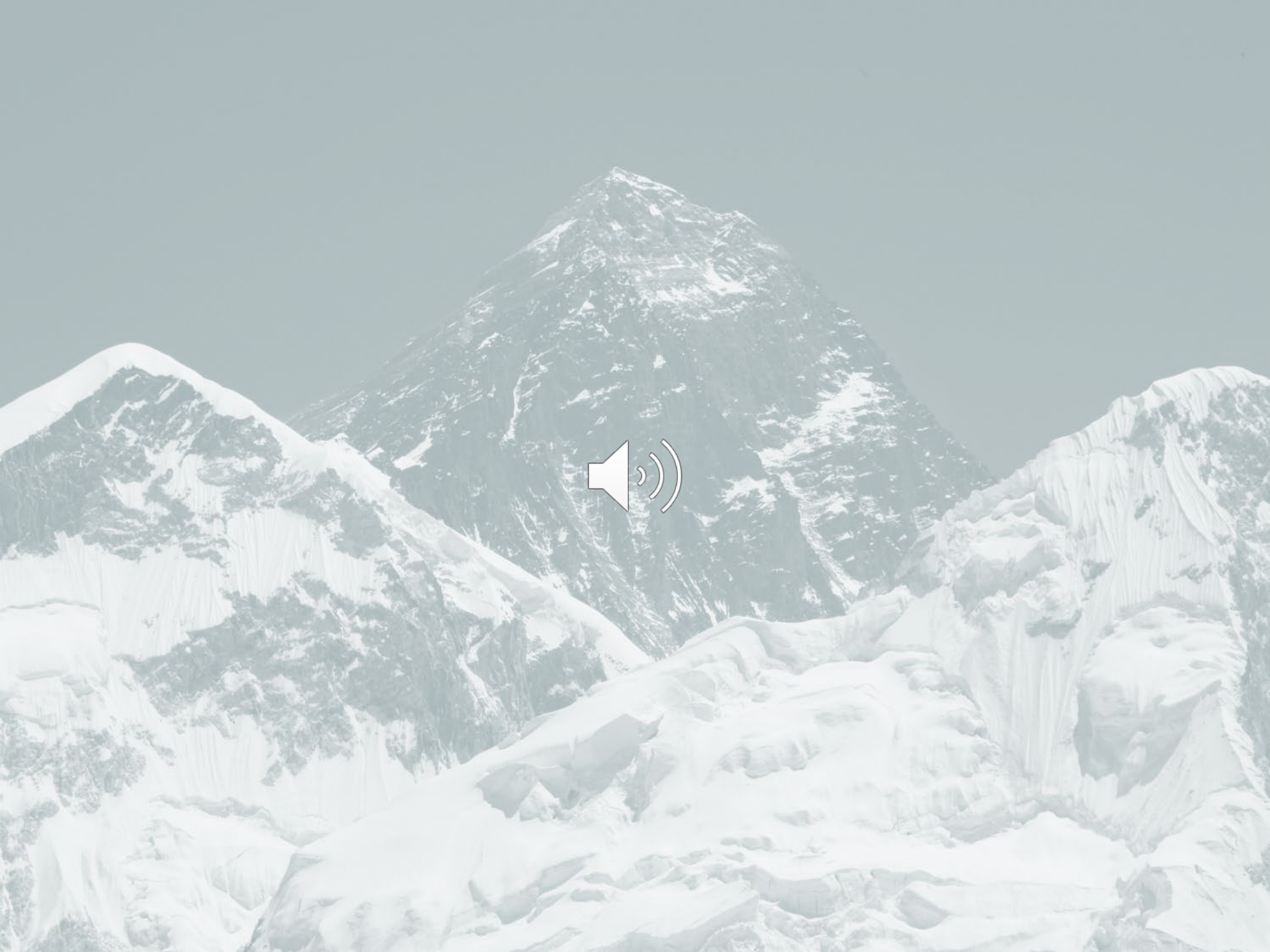




TM

No Place but UP!
LANCEFOX
mountain or hill...it's a matter of Will!





Why Climb Everest?

"If you don't have a dream
then you don't have a goal."

- Wisconsin Elementary Student

29,029' (8848m)

>6,000 climbers w/11,300 summits

>300 deaths

X 25



The Dream (1997)



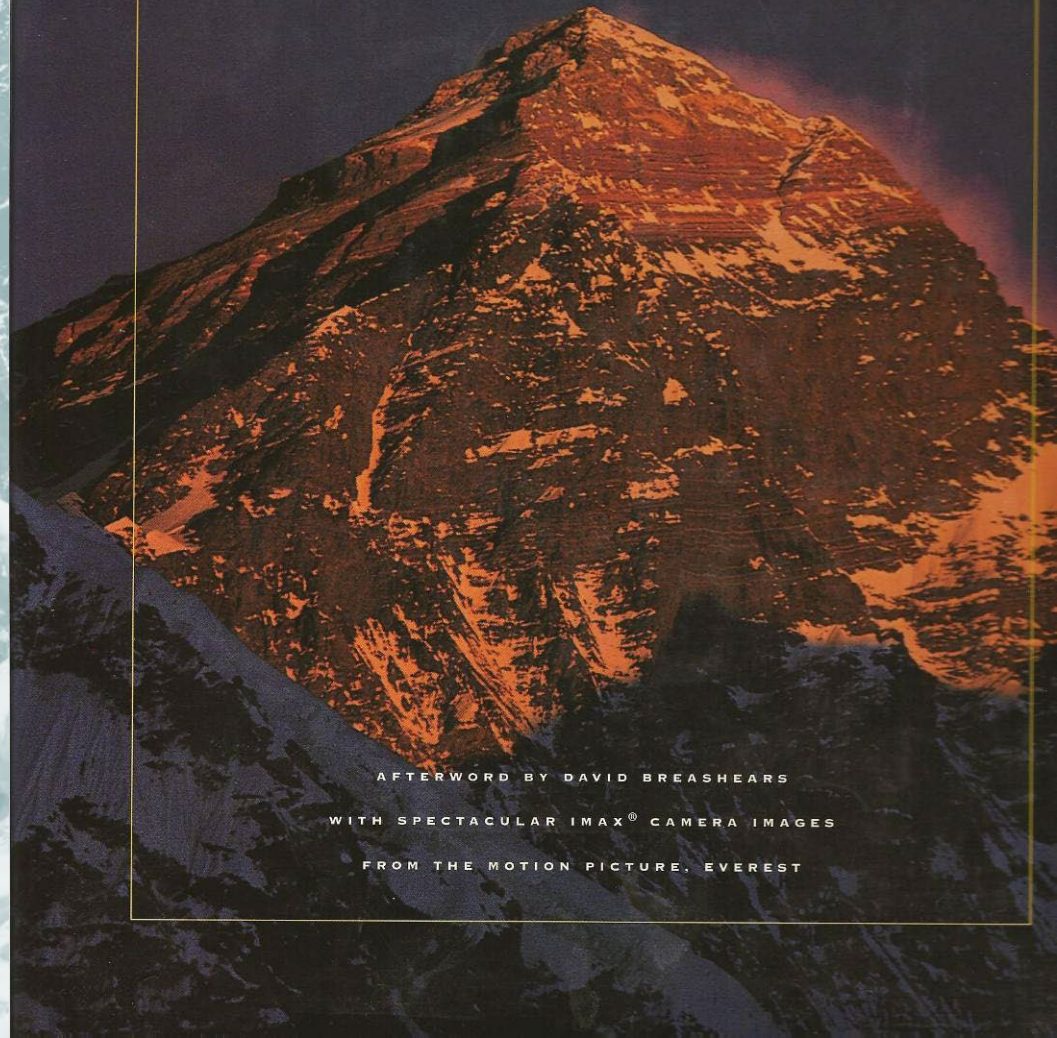
NATIONAL GEOGRAPHIC SOCIETY

EVEREST

MOUNTAIN WITHOUT MERCY

BROUGHTON COBURN

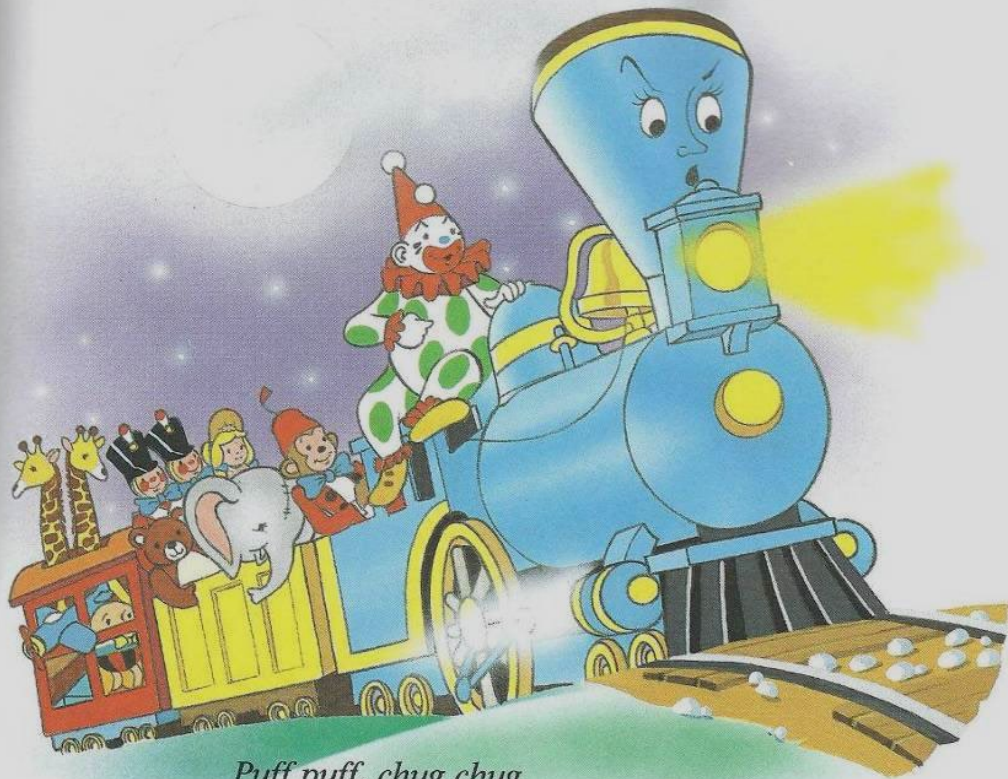
INTRODUCTION BY TIM CAHILL



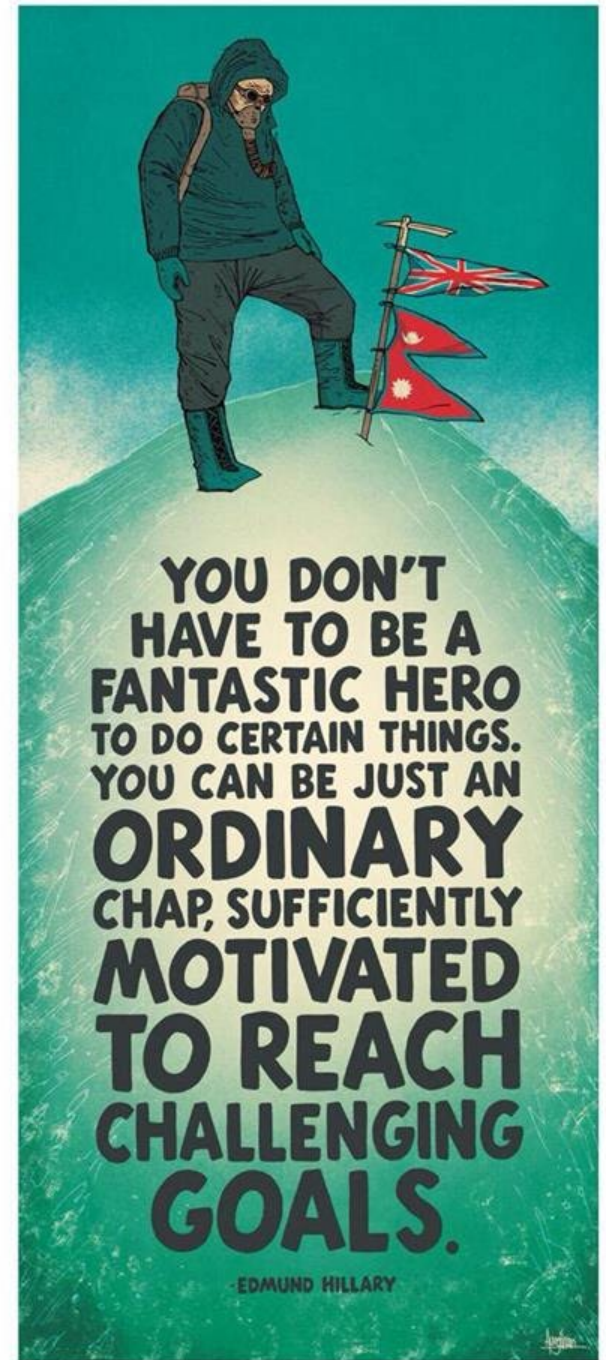
AFTERWORD BY DAVID BREASHEARS

WITH SPECTACULAR IMAX® CAMERA IMAGES

FROM THE MOTION PICTURE, EVEREST

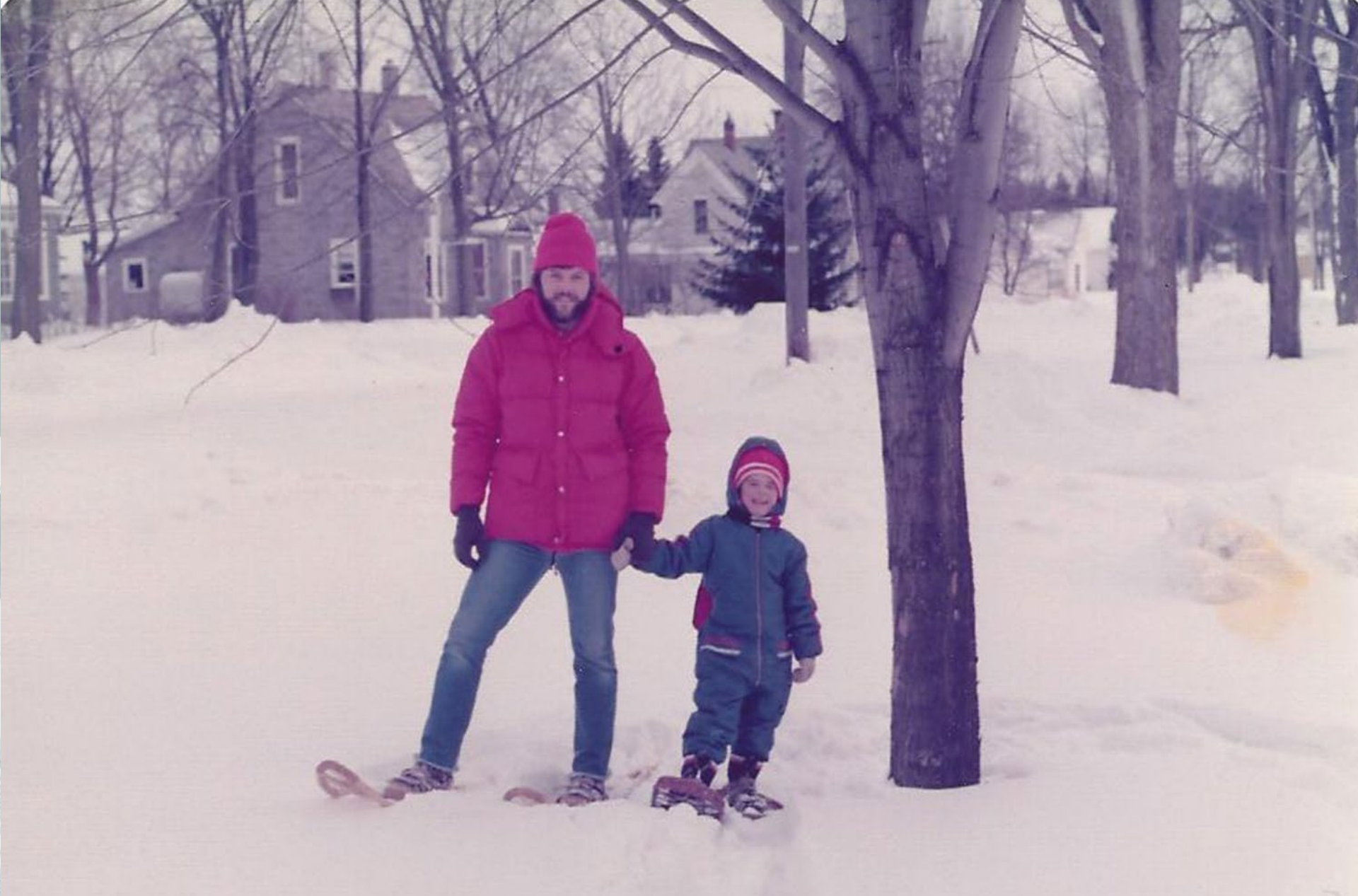


Puff puff, chug chug.
Up the mountain went the Little Blue Engine.
And all the time she kept saying, "I think
I can, I think I can, I think I can..."
Up, up, up. The little engine climbed
and climbed.



**YOU DON'T
HAVE TO BE A
FANTASTIC HERO
TO DO CERTAIN THINGS.
YOU CAN BE JUST AN
ORDINARY
CHAP, SUFFICIENTLY
MOTIVATED
TO REACH
CHALLENGING
GOALS.**


-EDMUND HILLARY



Can "Flatlanders" Climb?

Small Steps Can Lead to BIG Places!!

960' (<300m) at the summit



~150'
(<50m)

Mosquito Hill Nature Center - New London, WI



KATHMANDU, NEPAL - March, 2009



WELCOME TO
TENZING HILLARY
AIRPORT, LUKLA

Himalaya Club

Krishna Ad Lukla





Namche Bazaar - 11,200' (3441m)







- April 10
17,500' (5300 m)
- 9 days trekking
- 38 miles (61 km)
- 1.5 mile (2.4 km)
vertical gain



~40 Days to Acclimatize



29,035' (8850 m)

2.1 vertical miles
(3.38 Km)

17,500' (5300 m)



Photo courtesy of John Black





Whew!



Camp 1 @ 20,000' (6060m) - The Western Cwm

Lhotse Wall

X Camp 3

~5,000'
(1500 m)

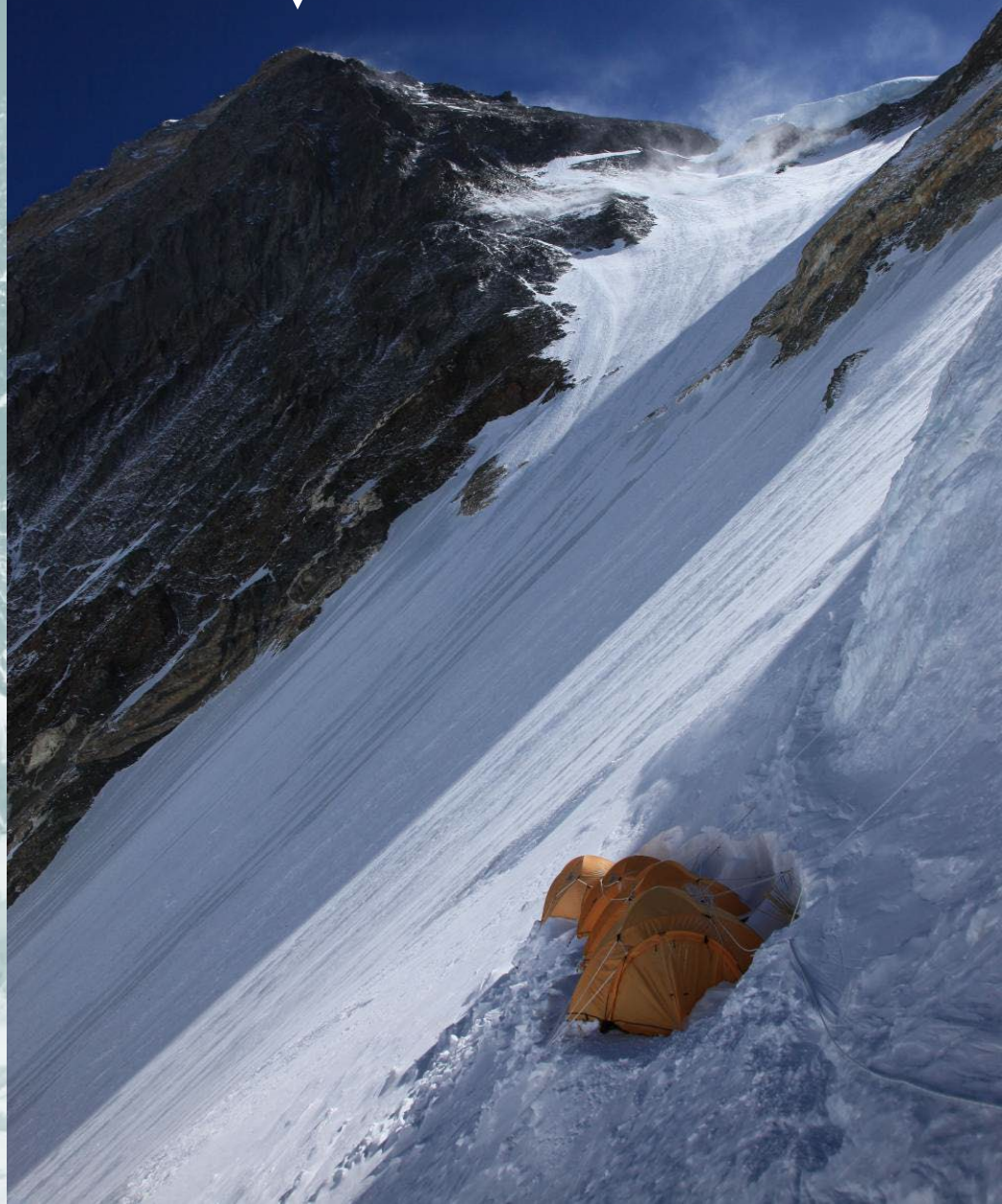
Camp 2 (ABC) @ 21,000' (6363m)



Don't roll
out of bed!

Camp 3 @ 23,500'
(~7120m)

South Summit





Yellow Band



Geneva Spur

South Summit
28,700'
(8750m)

The Death Zone

SE Ridge




"Highest Campsite in the World" 26,200' (8000m)

“Sagarmatha”







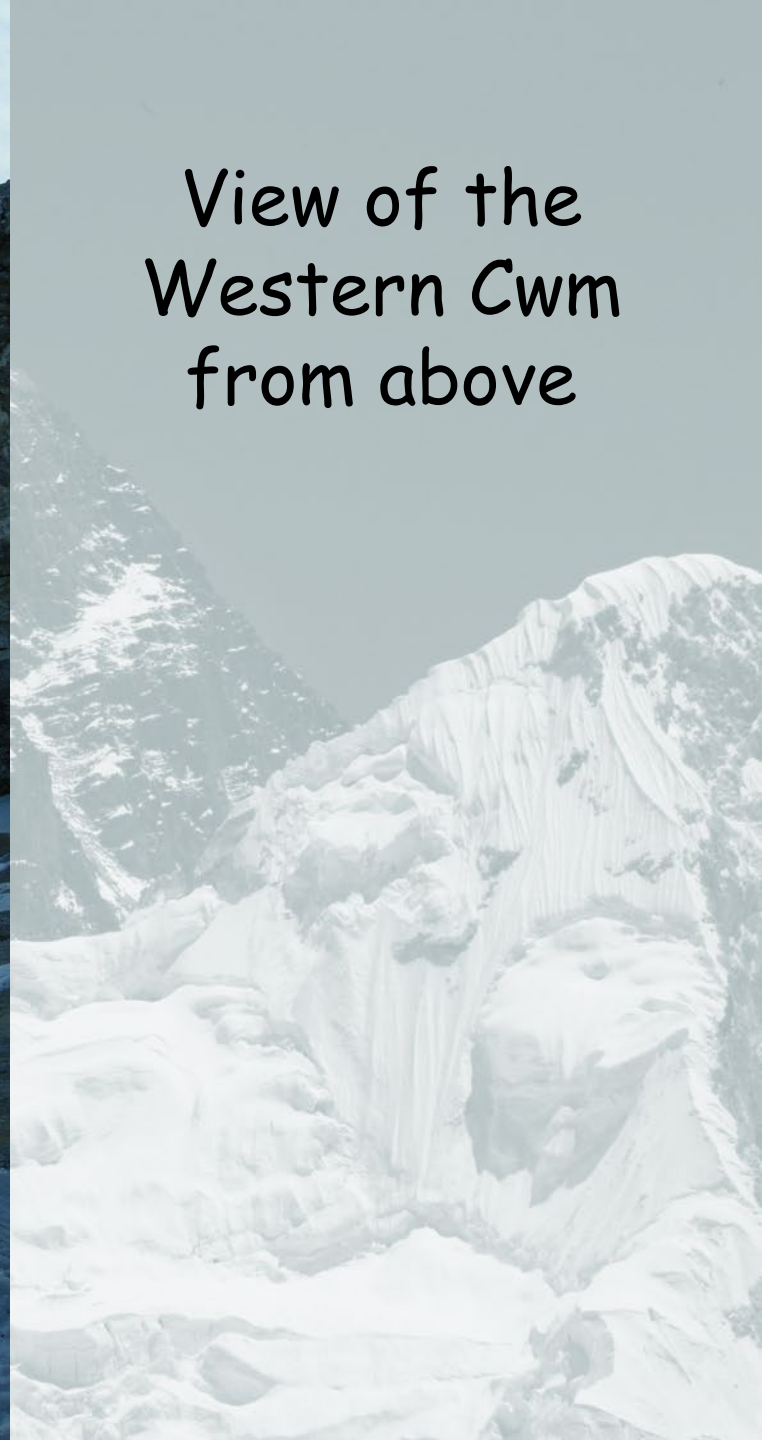
The Kangshung Face
That's a big drop!

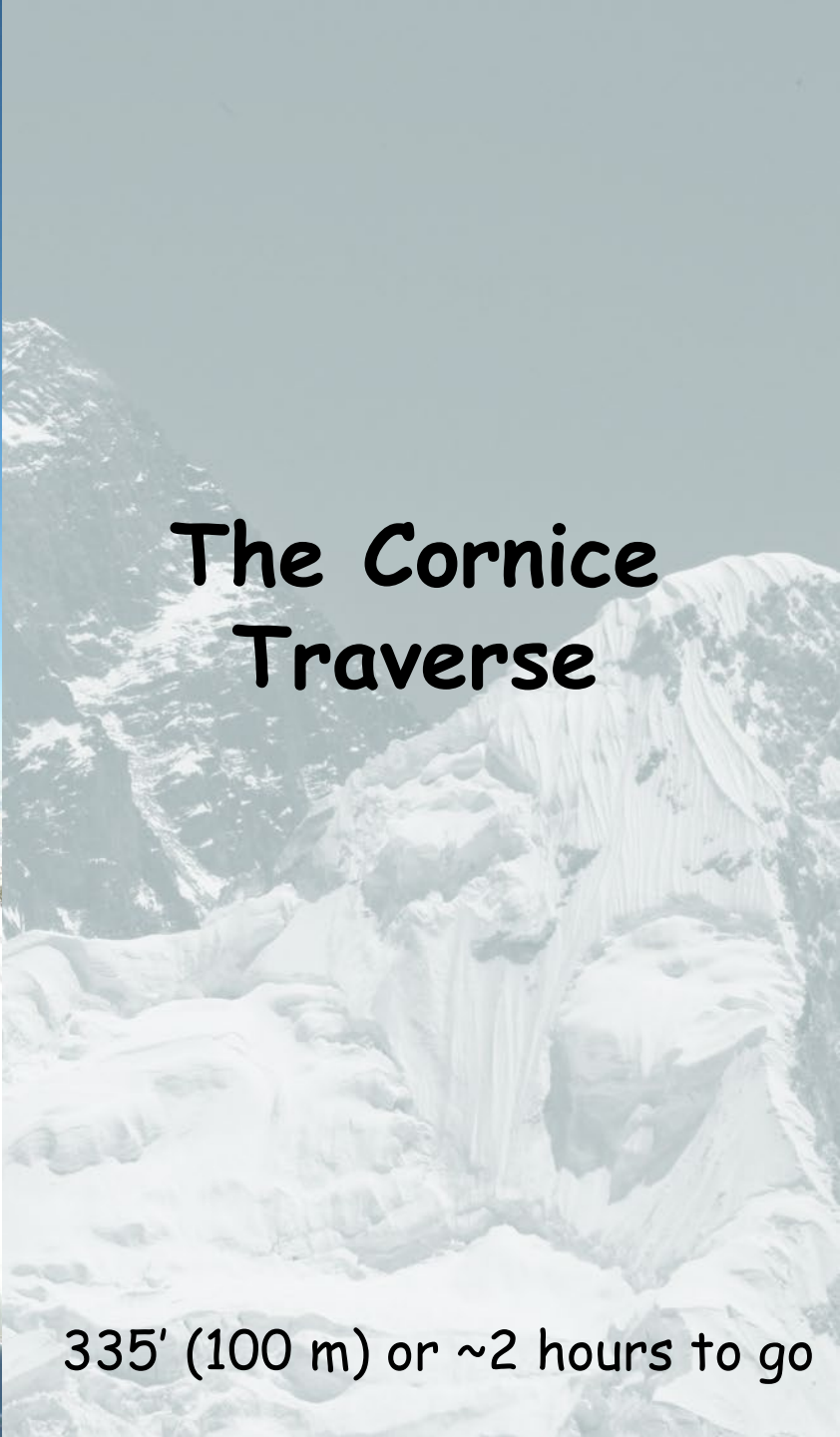
South Summit



Camp 2

View of the
Western Cwm
from above





The Cornice Traverse

335' (100 m) or ~2 hours to go

The Hillary Step @ 28,740' (8,760 m)



The Final Steps



8:50 a.m.
Nepal
May 21, 2009



Chomolungma's Invitation





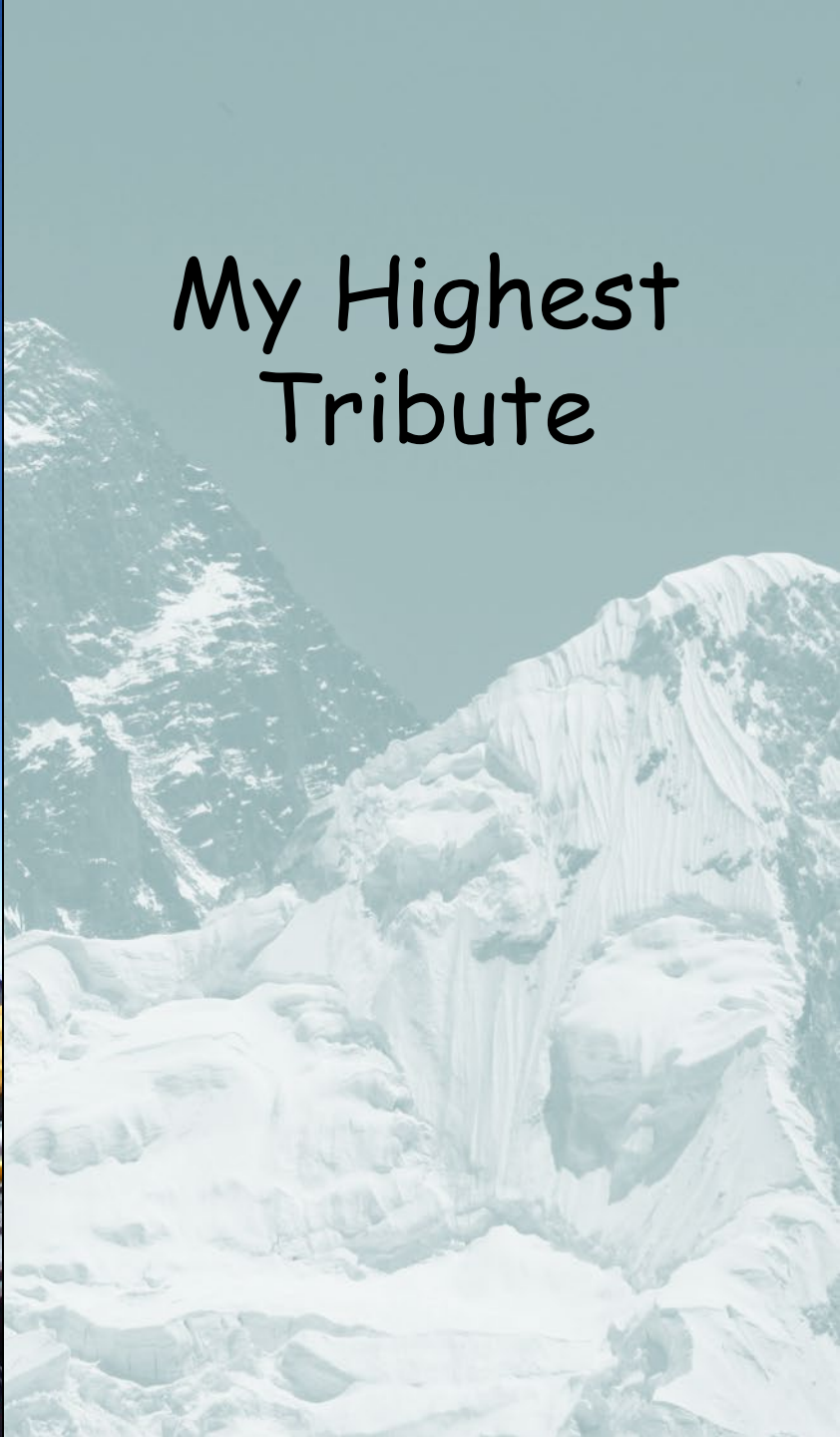
My First "Everest"...

Ronald Stevens Fox Nov. 19, 1949 - Sept. 16, 1986





My Highest Tribute



"Dream big, pursue your passion, smile often, and laugh a lot. Life is short so live it to the fullest."

May 15, 2009 blog



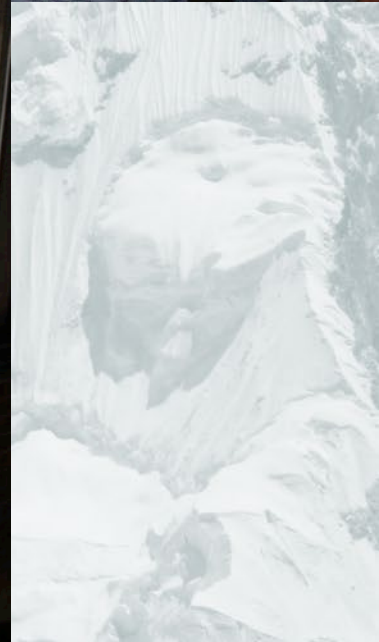
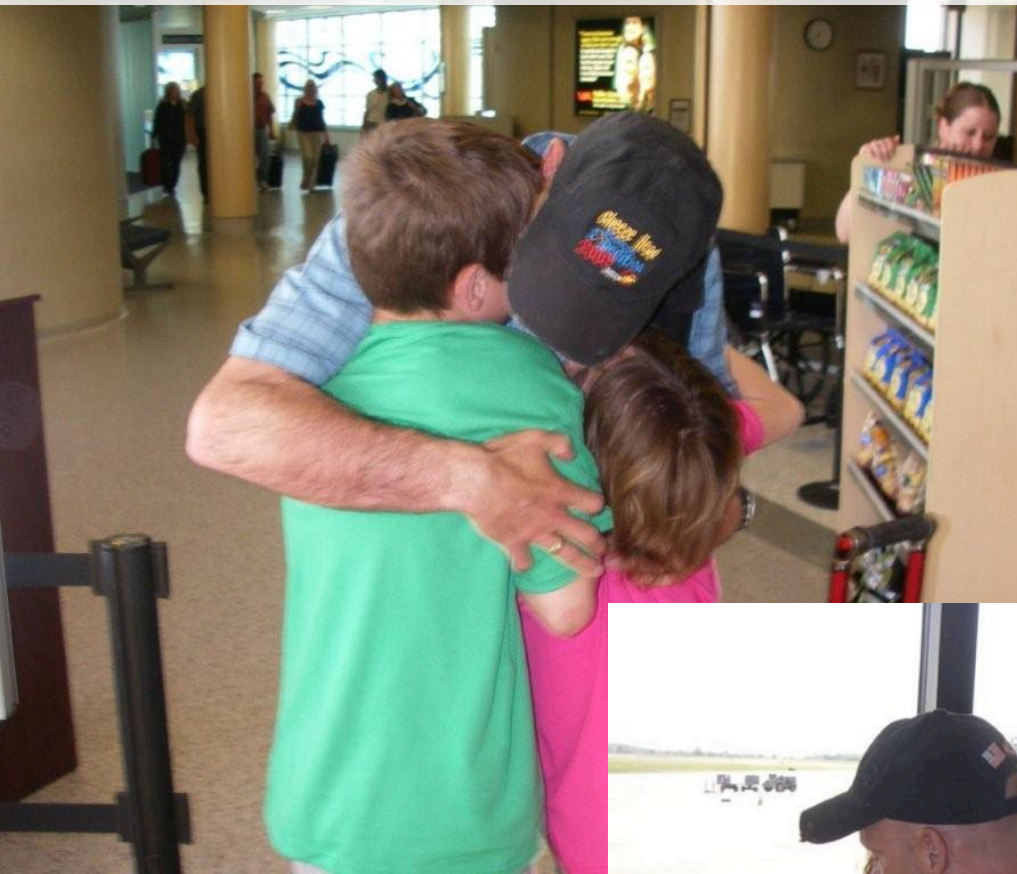
Only Half-Way There! (80%)





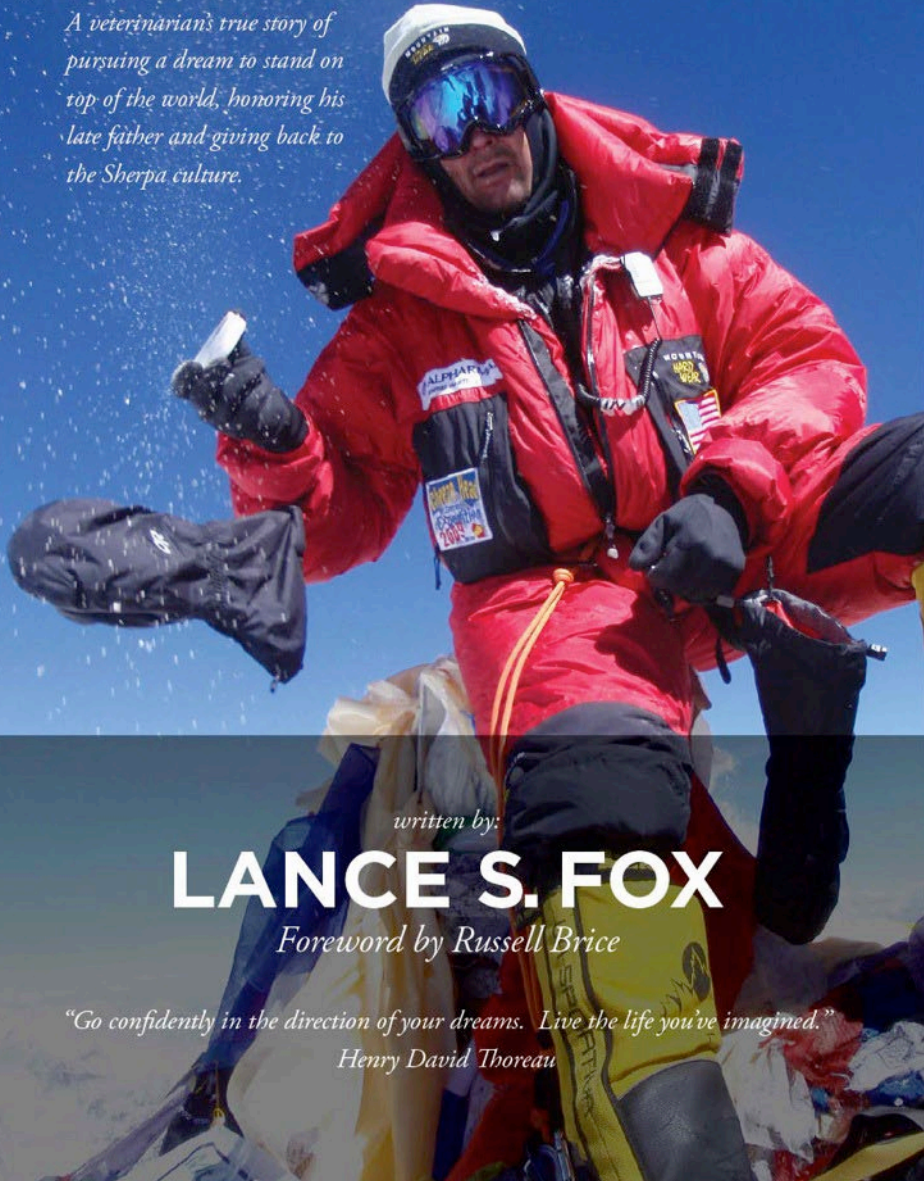


Everest Success - June 1, 2009



No PLACE but UP!

A veterinarian's true story of pursuing a dream to stand on top of the world, honoring his late father and giving back to the Sherpa culture.

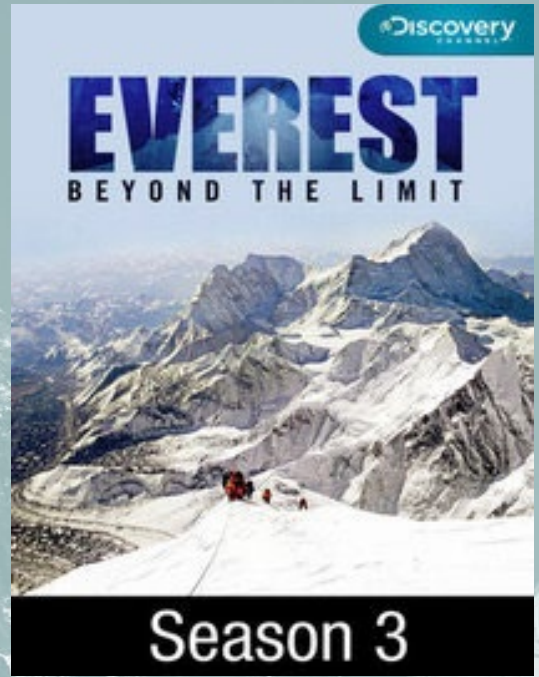


written by:

LANCE S. FOX

Foreword by Russell Brice

"Go confidently in the direction of your dreams. Live the life you've imagined."
Henry David Thoreau





No Place but UP!
LANCEFOX
mountain or hill...it's a matter of Will!

Life's a climb but the view is great.
-Bailee Fox

